

Anne C. Russ PhD, LAT, ATC

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Education

- 2008-2012 Temple University, Philadelphia, Pennsylvania
Graduated August 2012
Doctor of Philosophy: Kinesiology, Athletic Training Concentration
Research: Sex, Hormones and Use of Contraceptives on Muscle Strength, Activation and Stiffness
- 2006-2008 Temple University, Philadelphia, Pennsylvania
Graduated May 2008
Master of Education: Kinesiology, Athletic Training Concentration
Research: Neuropsychological Influences on Neuromuscular Activation and Functional Stability in the Ankle During a Functional Activity
- 2005-2006 Wright State University, Dayton, Ohio
Transferred to Temple University
Master of Arts: Health, Physical Education and Recreation
- 2001-2005 Creighton University, Omaha, Nebraska
Graduated May 2005
Bachelor of Science: Athletic Training

Teaching Experience

- 2021-present Associate Professor of Instruction: College of Public Health, Temple University
Responsibilities: teach and revise graduate and undergraduate courses within the CAATE accredited AT program and the Department of Health and Rehabilitation Sciences
- 2014-present Adjunct Graduate Faculty, Professional and Post-Professional Athletic Training Programs, College of Public Health, Temple University
Responsibilities: teach and design graduate courses in the CAATE approved professional and post-professional athletic training programs; advise enrolled students in research projects; teach and design graduate courses in the fully online Doctor of Athletic Training Program
Courses: KN 5143: Orthopedic Assessment I
KN 5443: Organization and Administration in Athletic Training
KN 5445: Considerations for Healing
KN 5987: Practicum in Athletic Training IV
KN 8348: Laboratory Techniques in Athletic Training
KN 8601: Research Appraisal and Clinical Application in Athletic Training

KN 8604: Evidence-Based Decision Making in Athletic Training
KN 9287: Sports Medicine Practicum I
KN 9288: Sports Medicine Practicum II
KN 9601: Capstone in Athletic Training

- 2012 - 2021 Assistant Professor: College of Public Health, Temple University
Responsibilities: design and teach undergraduate courses and laboratories in CAATE approved athletic training with emphasis on learning over time and development of clinical skills and critical thinking, as well as courses outside of the major
 Courses: KN 1223 Anatomy and Physiology I Laboratory
 KN 1224 Anatomy and Physiology II Lecture
 KN 1442 Basic Techniques in Athletic Training
 KN 1444 Movement Injuries: Care and Prevention
 KN 2421 Emergency Medical Care in Health Professions
 KN 2441 Lower Extremity Assessment and Treatment
 KN 3096: Cultural Competency in Health and Healthcare
 KN 3441 Therapeutic Modalities in Athletic Training Laboratory
 KN 3487 Practicum in Athletic Training I
 KN 3501: Research Methods in Kinesiology
 KN 3687 Practicum in Athletic Training II
 KN 4443 Organization and Administration in Athletic Training
 KN 4487 Practicum in Athletic Training III
 KN 4687 Practicum in Athletic Training IV
- 2015-2020 Director of Clinical Education, Professional and Post-Professional Athletic Training Programs, Department of Kinesiology, Temple University
Responsibilities: clinical site visits; preceptor training, including creation of online materials; completing site-affiliation agreements for new clinical sites; mediating student and preceptor concerns; review medical records and background checks prior to student placements; supervising graduate clinical experience and assistantship positions via the Sports Medicine Practica courses
- 2013 - 2015 Clinical Education Coordinator, Undergraduate Athletic Training Program: Department of Kinesiology, Temple University
Responsibilities: clinical site visits; preceptor training, including creation of online materials; completing site-affiliation agreements for new clinical sites; mediating student and preceptor concerns; review medical records and background checks prior to student placements
- 2012 Adjunct Professor: Department of Biology, Community College of Philadelphia
Responsibilities: prepare and instruct mainly non-traditional students in lecture and lab, develop exams
 Courses: BIO 110: Anatomy and Physiology II

- 2010 - 2012 Teaching Assistant, Undergraduate Athletic Training Program: Department of Kinesiology, Temple University
Responsibilities: review superficial anatomy with students, assist in instruction of basic athletic training skills, grade exams
Course: KN 1442 Basic Techniques in Athletic Training
Responsibilities: instruct athletic injury recognition and evaluation techniques, design group projects, develop written and practical exams, update course design
Courses: KN 2441 Lower Extremity Assessment and Treatment
KN 2442 Upper Extremity Assessment and Treatment
- 2007 - 2012 Summer Instructor: Department of Kinesiology, Temple University
Responsibilities: prepare and instruct summer courses
Courses: KN 1223 Anatomy and Physiology I
KN 1224 Anatomy and Physiology II
KN 1444 Movement Injuries: Care and Prevention
- 2007 - 2012 Course Administrator Assistant, Anatomy and Physiology: Department of Kinesiology, Temple University
Responsibilities: administrative duties, maintain course on Blackboard, prepare laboratories, grade keeping, review exams with students, organize weekly laboratory meetings, create and implement a policy and procedures manual for teaching assistants, design and maintain homework assignments on McGraw Hill's Connect
Courses: KN 1223 Anatomy and Physiology I
KN 1224 Anatomy and Physiology II
- 2008 - 2009 Adjunct Professor, School of Social Administration: Temple University
Responsibilities: design and teach undergraduate summer course in general human anatomy and physiology for Social Administration majors
Course: KN 1225 General Human Anatomy and Physiology
- 2006 - 2008 Teaching Assistant, Anatomy and Physiology: Department of Kinesiology, Temple University
Responsibilities: teach undergraduate anatomy and physiology laboratories, proctor exams
Courses: KN 1223 Anatomy and Physiology I
- 2005 - 2006 Clinical Instructor, Athletic Training: Wright State University
Responsibilities: Assist in instructing classes, perform check-off for student skills, develop a question bank to be used for review and mock BOC examination
Courses: ATR 262 Athletic Emergency Care
ATR 286 Emergency Management Skills
ATR 384 Lower Body Assessment Skills
ATR 460 Advanced Athletic Training

Publications

Peer Reviewed Articles

- Mason M, Russ A, Tierney R, Mansell J. (2021) The effect of the closed-loop control system on blood glucose control with exercise: A critically appraised topic. *International Journal of Athletic Training and Therapy*, 26(5), 241 – 244.
- Hochstetler J, **Russ A**, Tierney R, Mansell J. (2021). Workplace bullying in healthcare: A critically appraised topic. *International Journal of Athletic Training and Therapy*, 26(3), 130-135.
- Russ AC**, Mansell JL, Moffit DM. (2020). Sexual misconduct: Are you aware? *CommonHealth*. 1(2).
- Jack M, Tierney R, Mansell J, **Russ A**. (2020). Dry needling versus sham needling for myofascial pain syndrome: a critically appraised topic. *International Journal of Athletic Therapy and Training*. Advance online publication. 10.1123/ijatt.2019-0109
- Moffit D, Mansell J, **Russ A**, Wu J. (2020). Perceptions of sexual misconduct and the overall role of peer athletic training students, athletes, preceptors, and coaches. *Journal of Allied Health*. 49(1): e21-e25.
- Thomson R, Carabello D, Mansell J, **Russ A**. (2020). Depression following concussion in retired football players. *International Journal of Athletic Training and Therapy*. 25(2):54-56
- Kulpa T, Mansell J, **Russ A**, Tierney R. (2020). The effects of aerobic exercise on postconcussion symptoms in patients with persistent symptoms: A critically appraised topic. *International Journal of Athletic Training and Therapy*. 25(1):4-11
- Fisher MA, Mansell JL, **Russ AC**, & Tierney RT. (2019). Current evidence in management of concussion baseline testing in ADHD and learning difficulties patients. *International Journal of Athletic Therapy and Training*, 2019; 24(5): 181 – 185.
- McGinnis, IW, Cobb JL, Tierney RT, **Russ AC**. (2019). Vestibular Rehabilitation for Dizziness and Imbalance Following Concussion: A Critically Appraised Topic. *International Journal of Athletic Therapy and Training*. 24; 95-99
- Ratka JM, Mansell JL, **Russ AC**. (2018). Use of Mouth Guard and Association with Concussion Rates in Rugby. *International Journal of Athletic Therapy and Training*. 23;226-229.
- Russ AC**, Moffit DM & Mansell J. (2017). Sexual Harassment and internships: How do we protect our students and program? *Kinesiology Review*. 6:4;391-393.
- Moffit DM, Mansell J & **Russ AC**. (2017). An educational relationship between an athletic training program and an elementary school. *Kinesiology Review*. 6:4;380-383
- Moffit DM, Mansell J, **Russ AC**, Thorpe J. (2017). Sexual harassment training and reporting in Athletic Training Students. *Athletic Training Education Journal*. 12:1; 3-9

Moffit D, Mansell J, **Russ A.** (2016). A systematic approach to programmatic assessment. *Athletic Training Education Journal.* 11:3; 161-167.

Moffit D, **Russ A,** Mansell J. (2015) Marching Band Camp Injury Rates at the Collegiate Level. *Medical Problems of the Performing Artist.* 30:2; 96-99.

Moffit D, Sitler M, Swanik C, **Russ A,** Tierney R, Sachs M. (2012). Gender and Menstrual Cycle Influences on Dynamic Restraint During an Acoustic Startle. *Temple University Journal of Orthopaedic Surgery & Sports Medicine,* 7, 77-83.

Under Review

Mason M, Tierney RT, **Russ AC,** Mansell JL. Exercise and the Closed Loop Control System *International Journal of Athletic Training and Therapy.*

McCarthy AD, **Russ AC,** Tierney RT, Mansell JL. The Effect of Polyphenol-rich Pomegranate Supplementation on Proinflammatory Markers. *International Journal of Athletic Training and Therapy.*

In Preparation

Bretzin AC, Mansell JL, Moffit DM, **Russ AC,** Covassin T. Concussion management in secondary school nurses and athletic trainers.

Knepper A, Mansell JL, **Russ AC.** Athletic Trainers' Perceptions of Sexual Misconduct.

Fiorina JF, Tierney RT, Mansell JL, **Russ AC.** Clinical Examination of Scapular Activity Adaptations in Competitive Swimmers

Russ AC, Mansell JL, & Moffit DM. Kinesiology students' perception of the athletic training profession.

Russ AC. Oral Contraceptive Use and Surgical ACL Repair.

Refereed Scientific Abstracts

Russ AC, Bretzin AC, Moffit DM, Mansell JL, Covassin T. (2020). Perceived support for return to learn in concussion management by secondary school athletic trainers and school nurses. *Journal of Athletic Training,* 55:6(s); S-71

Mansell JL, Bretzin AC, Moffit DM, **Russ AC,** Covassin T. (2020) Secondary School Athletic Trainers' and School Nurses' Confidence in Assessment and Perceived Roles during Concussion Management. *Journal of Athletic Training,* 55:6(s); S-145

Aiken M, Tierney RT, **Russ AC,** Mansell JL. (2019). Outcome Measures for Rural Healthcare Clinics, Primary Care Providers or Clinics and Hospitals Associated with an Accountable Care Organization. *Journal of Athletic Training,* 54:6(s); S-472

DeRollo J, **Russ AC,** Tierney RT, & Mansell JL. (2019). Current evidence in mental health:

Medication use in neurocognitive performance: A critically appraised topic. *Journal of Athletic Training*, 54:6(s); S-426

Fisher MA, Mansell JL, **Russ AC**, & Tierney RT. (2019). Current evidence in management of concussion baseline testing in ADHD and learning difficulties patients. *Journal of Athletic Training*, 54:6(s); S-262

Kulpa T, Tierney RT, **Russ AC** & Mansell JL. (2019). The effects of aerobic exercise on post-concussion symptoms in patients with persistent symptoms: A critically appraised topic. *Journal of Athletic Training*, 54:6(s); S-295

Lange C., Mansell JL, Tierney RT, & **Russ AC**. (2019). Poor balance as a predictor of injury in adolescent athletes. *Journal of Athletic Training*, 54:6(s); S-36

Marchetti D, Mansell JL, Tierney RT, & **Russ AC**. (2019). Generalized joint hypermobility and the impact on quality of life in athletes: A critically appraised topic. *Journal of Athletic Training*, 54:6(s); S-425

Thomson RP, Carabello DM, Mansell JL, **Russ AC**. (2019). Depression following concussion in retired football players. *Journal of Athletic Training*, 54:6(s); S-194

McGinnis IW, Cobb JL, Tierney RT, **Russ AC**. (2018). Vestibular Rehabilitation for Dizziness and Imbalance. *Journal of Athletic Training*, 53:6(s); S-31.

Russ AC, Davis ER, Mitchell J, Mansell JM. (2018). Association Between Life-Event Stress and Quality of Life in Collegiate Athletes. *Journal of Athletic Training*, 53:6(s); S-44.

Bretzin AC, Moffit DM, Mansell JM, **Russ AC**. (2016). Is Current Legislation Up-To-Date on Concussion Management? *Journal of Athletic Training*, 51:6(s); 266.

Russ A, Yingling V, Stearne D, Anastasio S, Tierney R, Moffit D. (2013). Sex, Hormones, and Use of Contraceptives on Neuromuscular Function. *Journal of Athletic Training*, 48: 3(s); S-175.

Black M, Friel B, Jasak J, Lombard M, **Russ A**. An Evaluation of Portrayals of Telepresence and Romantic Relationships in Film and Television. *International Presence 2008*. (Oral Presentation)

Russ A, Sitler M, Moffit D, Tierney, R. Effects of an Acoustic Perturbation on Neuromuscular Activation and Functional Stability in the Ankle During a Functional Activity. *NATA Annual Meeting and Clinical Symposium 2008*. (Poster Presentation)

Moffit D, Sitler M, **Russ A**. Acoustic Perturbation Influences on Neuromuscular Hamstring/Quadriceps Coactivation and Functional Stability. *NATA Annual Meeting and Clinical Symposium 2008*. (Oral Presentation)

Non-Referred Articles

Mansell J, Moffit D, **Russ A**. (2014). Preventing Marching Injuries. *The Instrumentalist*. May, 20-23.

Grants

- 2018 Innovative Teaching with Makerspace Technology Grant. Russ AC (PI).
Funded \$1,800.00
- 2018 Let's Chat: Conversations about Diversity in Athletic Training. National
Athletic Trainers' Association Ethnic Diversity Advisory Committee. Russ AC
(PI). Funded - \$2,000.00
- 2015 Let's Stay Together: A Mentor Workshop. National Athletic Trainers'
Association Ethnic Diversity Advisory Committee. Russ AC (Co-PI). Funded -
\$1,328.00
- 2009 Neuropsychological Influences on Neuromuscular Activity. Eastern Athletic
Trainers' Association Research Grant. Russ AC (PI). Funded - \$3980.00

Presentations

- 2021 Pennsylvania Athletic Trainers' Society Annual Meeting
Narrative Medicine and Athletic Training
Recorded On-Demand Presentation
Russ AC
- 2021 College of Public Health Research Day
The Effects of Early Sport Specialization on the Prevalence of Injuries in
Professional Athletes
Braun AP, **Russ AC**
- 2021 College of Public Health Research Day
Patients with Fasciotomies have a Significant Pain Reduction and an Improved
Quality of Life.
Poster Presentation
Orejuela, KS, **Russ AC**
- 2021 Eastern Athletic Trainers' Association Virtual Annual Meeting
Poster Presentation
Clinical Examination of Scapular Activity Adaptations in Competitive Swimmers
Fiorina JF, Tierney RT, Mansell JL, **Russ AC**
- 2021 Eastern Athletic Trainers' Association Virtual Annual Meeting
Poster Presentation
The Effect of Polyphenol-rich Pomegranate Supplementation on
Proinflammatory Markers
McCarthy AD, **Russ AC**, Tierney RT, Mansell JL

- 2021 Eastern Athletic Trainers' Association Virtual Annual Meeting
Poster Presentation
Exercise and the Closed Loop Control System
Mason M, Tierney RT, **Russ AC**, Mansell JL
- 2021 Eastern Athletic Trainers' Association Virtual Annual Meeting
Poster Presentation
Warm-up with Neuromuscular Training for Injury Prevention in Adolescents
Lambert B, **Russ AC**, Mansell JL, Tierney RT
- 2021 Eastern Athletic Trainers' Association Virtual Annual Meeting
Poster Presentation
The Influence of Power on Athletic Trainers' Perception of Sexual Misconduct
Knepper A, Mansell JL, **Russ AC**
- 2020 Temple University College of Public Health: Trauma Seminar Series
Online Presentation
Reflection in Trauma Informed Practice: Narrative Medicine Segment
Russ AC
- 2020 Southwest Conference Athletic Training Summer Seminar
Invited Talk
Sexual Harassment: Protect Yourself, Protect Your Patients
Moffit DM, **Russ AC**, Mansell JL
- 2020 National Athletic Trainers' Association Virtual Clinical Symposia & AT Expo
Oral Presentation
Perceived support for return to learn in concussion management by secondary school athletic trainers and school nurses
Russ AC, Bretzin AC, Moffit DM, Mansell JL, Covassin T
- 2020 National Athletic Trainers' Association Virtual Clinical Symposia & AT Expo
Oral Presentation
Secondary School Athletic Trainers' and School Nurses' Confidence in Assessment and Perceived Roles during Concussion Management
Mansell JL, Bretzin AC, Moffit DM, **Russ AC**, Covassin T
- 2020 Temple University Athletic Training Program
Continuing Education Event (online)
Athletic Trainers and Patient Reported Outcomes Journal Club
Russ AC
- 2020 Temple University Athletic Training Program

- Continuing Education Event (online)
Inclusivity in Athletic Training and Public Health
Ibrahim J, Mansell J, **Russ AC**
- 2020 College of Public Health Research Day
Poster Presentation
Effectiveness of Instrument-assisted Soft Tissue Mobilization in Increasing Ankle ROM
Azher M, **Russ AC**
- 2020 College of Public Health Research Day
Poster Presentation
What is the Incidence of Newly Diagnosed Mental Health Disorders in Pediatric Patients who have Sustained at Least One Traumatic Brain Injury?
Kienzle K, **Russ AC**
- 2020 College of Public Health Research Day
Poster Presentation
Athletic Trainer's Perception of Sexual Misconduct
Knepper A, Mansell JL, **Russ AC**
- 2020 College of Public Health Research Day
Poster Presentation
Prevalence of Ulnar Collateral Ligament Surgeries Performed in MLB Players vs. Collegiate Baseball Players
Bartle, Love, Shields, Mansell, **Russ**
- 2020 College of Public Health Research Day
Poster Presentation
Surgical Versus Conservative Treatment in the Effective Management of Patients with Carpal Tunnel Syndrome
Lally, Orejuela, Fowler, Mansell, **Russ**
- 2020 College of Public Health Research Day
Poster Presentation
The Effects of a Resistive Band Exercise Program on the Shoulder Strength and Stability in Collegiate Baseball Athletes
Braun, Hurtado, Maples-Campbell, Mansell, **Russ**, Bartosik
- 2020 Eastern Athletic Trainers' Association Annual Meeting
Poster Presentation
A comparison of concussion management practices and perceived roles between athletic trainers and school nurses in the secondary school setting
Bretzin AC, Mansell JL, Moffit DM, **Russ AC**, Covassin T
- 2020 Association for Athletic Training Education Conversations

- Planning for the Unexpected: Online Education Basics (online)
Mansell JL, **Russ AC**
- 2019 National Athletic Trainers' Association Annual Meeting
Feature Presentation
Sexual Harassment and its impact in Athletic Training
Moffit DM, **Russ AC**, Mansell JL
- 2019 National Athletic Trainers' Association Annual Meeting
Oral Presentation
Lange C., Mansell JL, Tierney RT, & **Russ AC**.
Poor balance as a predictor of injury in adolescent athletes.
- 2019 National Athletic Trainers' Association Annual Meeting
Rapid Fire Oral Presentation
Thomson RP, Carabello DM, Mansell JL, **Russ AC**.
Depression following concussion in retired football players.
- 2019 National Athletic Trainers' Association Annual Meeting
Poster Presentation
Aiken M, Tierney RT, **Russ AC**, Mansell JL
Outcome Measures for Rural Healthcare Clinics, Primary Care Providers or
Clinics and Hospitals Associated with an Accountable Care Organization.
- 2019 National Athletic Trainers' Association Annual Meeting
Poster Presentation
DeRollo J, **Russ AC**, Tierney RT, & Mansell JL
Current evidence in mental health: Medication use in neurocognitive
performance: A critically appraised topic.
- 2019 National Athletic Trainers' Association Annual Meeting
Poster Presentation
Fisher MA, Mansell JL, **Russ AC**, & Tierney RT
Current evidence in management of concussion baseline testing in ADHD and
learning difficulties patients.
- 2019 National Athletic Trainers' Association Annual Meeting
Poster Presentation
Kulpa T, Tierney RT, **Russ AC** & Mansell JL.
The effects of aerobic exercise on post-concussion symptoms in patients with
persistent symptoms: A critically appraised topic.
- 2019 National Athletic Trainers' Association Annual Meeting

- Poster Presentation
Marchetti D, Mansell JL, Tierney RT, & **Russ AC**.
Generalized joint hypermobility and the impact on quality of life in athletes: A critically appraised topic.
- 2019 National Athletic Trainers' Association Ethnic Diversity Advisory Committee
Town Hall Meeting
Poster Presentation
Russ AC, Groove D, Mansell JL
Let's Chat: Conversations on Race and Diversity
- 2019 Pennsylvania Athletic Trainers' Society Annual Meeting
Sexual Harassment: How do protect ourselves and our patients?
Mansell JM & **Russ AC**
- 2019 Pennsylvania Athletic Trainers' Society Annual Meeting
Russ AC
Educators Breakout Session
- 2019 Eastern Athletic Trainers' Society Annual Meeting
Poster Presentation
Thomson RP, Carabello DM, **Russ AC**, Mansell JM
Depression Following Concussion in Retired Professional Football Players
*Graduate Poster Finalist
- 2019 Eastern Athletic Trainers' Society Annual Meeting
Poster Presentation
Kulpa T, Tierney RT, **Russ AC** & Mansell JL.
The effects of aerobic exercise on post-concussion symptoms in patients with persistent symptoms: A critically appraised topic.
*Graduate Poster Finalist
- 2019 Eastern Athletic Trainers' Society Annual Meeting
Poster Presentation
Marchetti D, Mansell JL, Tierney RT, & **Russ AC**.
Generalized joint hypermobility and the impact on quality of life in athletes: A critically appraised topic.
- 2019 Eastern Athletic Trainers' Society Annual Meeting
Poster Presentation
Russ AC, Mansell JL, & Moffit DM.
Kinesiology students' perception of the athletic training profession
- 2019 Annual Faculty Conference on Teaching Excellence at Temple University
Breakout Session

Russ AC & Mansell JL

Proper Planning Prevents Poor Performance: Utilizing synchronous sessions

- 2018 Southwest Athletic Trainers' Association Annual Meeting
Poster Presentation
Benavides O, **Russ AC**
Modifiable Risk Factors in Low Back and Hip Dysfunction
- 2018 National Athletic Trainers' Association Ethnic Diversity Advisory Committee
Town Hall Meeting
Poster Presentation
Mansell JL, Pagnotta K, **Russ AC**
Let's Stay Together: A Mentor Workshop
- 2018 National Athletic Trainers' Association Annual Meeting
Oral Presentation
Russ AC, Davis ER, Mitchell J, Mansell JM
Association Between Life-Event Stress and Quality of Life in Collegiate Athletes
- 2018 National Athletic Trainers' Association Annual Meeting
Workshop
Tierney, Higgins, McDevitt, Mansell, Thomas, **Russ**
Vestibular Assessment and Therapy for Concussion Management
- 2018 National Athletic Trainers' Association Annual Meeting
Rapid Fire Presentation
McGinnis IW, Cobb JL, Tierney RT, **Russ AC**
Vestibular Rehabilitation for Dizziness and Imbalance
- 2018 Pennsylvania Athletic Trainers' Society Annual Meeting
Poster Presentation
Thomson RP, Carabello DM, **Russ AC**, Mansell JL
Depression Following Concussion in Retired Professional Football Players
*Winner, Critically Appraised Topic Poster
- 2018 College of Public Health Research Day
Poster Presentation
Childs SM, Mansell JL, **Russ AC**
The Effect of Sex Hormones on Postural Control in Oral Contraceptive Users
- 2018 CanvasFest
Breakout Session Facilitator
Russ AC, Mansell JL, Tierney RT
Using Canvas to Create a Self-Paced Capstone Course for an Online Program

- 2018 Pennsylvania Athletic Trainers' Society Student Symposium
Oral Presentation
Russ AC
Sexual Harassment Recognition and Management
- 2018 Eastern Athletic Trainers' Association Annual Meeting
Poster Presentation
McGinnis IW, Cobb JL, Tierney RT, **Russ AC**
Vestibular Rehabilitation for Dizziness and Imbalance
- 2017 Pennsylvania Athletic Trainers' Society Annual Meeting
Poster Presentation
McGinnis IW, Cobb JL, Tierney RT, **Russ AC**
Vestibular Rehabilitation for Dizziness and Imbalance
*Winner, Critically Appraised Topic Poster
- 2017 American Kinesiology Association Leadership Workshop
Round Table Discussion: Partnerships for Effective Academic Programs
Moffit DM, Mansell JL, **Russ AC**
An Educational Relationship Between Owls Athletic Training Society and
Lanning Square Elementary School
- 2017 American Kinesiology Association Leadership Workshop
Round Table Discussion: Partnerships for Effective Internships, Service
Learning, and Community Outreach
Russ AC, Moffit DM, Mansell JL
Sexual Harassment and Internships: How do we Protect Our Students and
Program?
- 2016 National Athletic Trainers' Association Annual Meeting
Poster Presentation
Bretzin AC, Moffit DM, Mansell JM, **Russ AC**
Is Current Legislation Up-To-Date on Concussion Management?
- 2016 Gender & Sexuality in Everyday Life Conference
Oral Presentation
Moffit DM, Mansell JM, **Russ AC**, Thorpe J
Sexual Harassment Training and Reporting in Athletic Training Students
- 2016 Big Sky Athletic Training and Sports Medicine Conference
Poster Presentation
Bretzin AC, Moffit DM, Mansell JM, **Russ AC**
Is Current Legislation Up-To-Date on Concussion Management?
- 2014 Hawaii International Conference on Education
Oral Presentation

Russ A, Mansell J, Moffit D
Sexual Harassment and Internships: How Do We Protect Our Students and Program?

- 2014 Hawaii International Conference on Education
Oral Presentation
Mansell J, Moffit D, **Russ A**
Practice Safe Grading: Use a Rubric
- 2014 Hawaii International Conference on Education
Oral Presentation
Moffit D, Mansell J, **Russ A**
Clinical Course Assessment: What You Didn't Learn in Your Education Classes
- 2013 National Athletic Trainers' Association Annual Meeting Symposium
Poster Presentation
Russ A, Yingling V, Stearne D, Anastasio S, Tierney R, Moffit D
Sex, Hormones, and Use of Contraceptives on Neuromuscular Function
- 2012 Eastern Athletic Trainers' Association Annual Symposium
Poster Presentation
Russ A, Moffit D, Mansell J
Neuropsychological Influences on Neuromuscular Activation
- 2008 National Athletic Trainers' Association Annual Meeting Symposium
Poster Presentation
Russ A, Sitler M, Moffit D, Tierney, R
Effects of an Acoustic Perturbation on Neuromuscular Control and Functional Stability in the Ankle During a Functional Activity
- 2005 Mid-America Athletic Trainers' Association Spring Symposium Student Section
Oral Presentation
Thrower's Ten: Preventing Shoulder Injuries
- 2004 Mid-America Athletic Trainers' Association Spring Symposium Student Section
Oral Presentation
Posterior Bankhart Lesion in a Baseball Player: A Case Study

Special Events

Invited Guest Speaker

- 2019 KN 8348: Orthopedics in Athletic Training/Sports Medicine
- 2016-2020 KN 4450/KN 5851: Special Topics in Athletic Training
Temple University
- 2016 HRPR 1001: The Way We Live, Work and Play

	Temple University
2015 - 2018	KN 1201: Introduction to Kinesiology Temple University
2008 - 2017	KN 8300: Seminar in Athletic Training Temple University
2008 - 2010	KN 1224: Human Anatomy and Physiology II – Lecture Temple University
2008	KN 1224: Human Anatomy and Physiology II – Laboratory Temple University
2008	KN 1223: Human Anatomy and Physiology I – Lecture Temple University
2008	KN 1223: Human Anatomy and Physiology I – Laboratory Temple University
2008	Undergraduate Athletic Training Program –BOC Exam Round Table Temple University

Graduate Student Advisor

Research project advisor for students in the Temple University Graduate Athletic Training Program. Assist in the development of research design, data collection and analysis, and review written document

Knepper, Alexandra. Professional Experience and Perceptions of Sexual Misconduct. 2018 – 2020

Hoder, Sarah. Vestibular Ocular Function in Individuals with Chronic Ankle Instability. 2017 – 2019

Straley, Brandon. Ankle Function in Dancers. 2017 – 2019.

Childs, Siena. Effect of the Hormonal Contraceptives on Static and Dynamic Balance. 2016 – 2018.

Loeb, Rachael, Sensory Processing in Individuals with Chronic Ankle Instability during Quiet Stance. 2016-2018.

Davis, Alyssa. Effect of Kinesiotape on Shoulder Neuromuscular Control Post-Fatigue. 2012 – 2014.

Johnson, Erika. Quality of Life in Relation to Vertical Drop Muscle Stiffness in Collegiate Athletes. 2014 –2016

McMillen, Cory. Core Muscle Activation in Individuals with Functional Ankle Instability. 2015 – 2017.

Mitchell, Jaye. Life Stresses and Muscle Stiffness in Collegiate Athletes. 2014 – 2016

Trainor, Conor. Lower Extremity Stiffness and Reaction Time. 2012 – 2015.

Anastacio, Stacie. Effect of Sex, Hormones and Contraception Use of Hip Neuromuscular Strength and Activation. 2011 – 2013

Maskery, Melissa. An Analysis of Non-Contact Injuries and Contraceptive Use in Collegiate Club Sports. 2011 – 2013

Foster, Julia. Effect of Acoustic Startle and Fatigue on Lower Extremity Neuromuscular Control. 2009 – 2012

Castellanos, Kaitie. Effect of Acoustic Startle on Kinematics and Muscle Activity During Soccer Heading. 2008 – 2010

Professional Development

January 2021 Annual Faculty Conference on Teaching Excellence
Center for Advancement of Teaching, Temple University

January 2021 Eastern Athletic Trainers' Association Annual Meeting
Virtual Format

November 2020 Methods for Evaluating Teaching Series: Documenting Your Growth as an
Instructor with e-Portfolios
Center for Advancement of Teaching, Temple University

August 2020 Trauma Informed Teaching Series
Center for Advancement of Teaching, Temple University

August 2020 Online Teacher Training
College of Public Health, Temple University

August 2020 Site Visitor Training
Commission on Accreditation of Athletic Training Education

July 2020 National Athletic Trainers' Association Virtual Clinical Symposia

June 2020 Pennsylvania Athletic Trainers' Society Virtual Annual Meeting

January 2020	Annual Faculty Conference on Teaching Excellence Center for Advancement of Teaching, Temple University
December 2019	OPR: Suicide Prevention Gatekeeper Training Wellness Resource Center, Temple University
Fall 2019	Faculty Learning Community: Diversity and Inclusion Center for the Advancement of Teaching, Temple University
June 2019	National Athletic Trainers' Association Clinical Symposia Las Vegas, NV
May 2019	Pennsylvania Athletic Trainers' Society Annual Meeting Gettysburg, PA
February 2019	Athletic Training Educators' Conference Dallas, Texas
January 2019	Eastern Athletic Trainers' Association Annual Meeting Valley Forge, PA
June 2018	National Athletic Trainers' Association Clinical Symposia New Orleans, LA
June 2018	Pennsylvania Athletic Trainers' Society Annual Meeting Harrisburg, PA
April 2018	CanvasFest Center for Advancement of Teaching, Temple University
January 2018	Annual Faculty Conference on Teaching Excellence Center for Advancement of Teaching, Temple University
November 2017	Rothman Institute Female Athlete Symposium Philadelphia, PA
June 2017	National Athletic Trainers' Association Clinical Symposia Houston, TX
June 2017	Pennsylvania Athletic Trainers' Society Annual Meeting Eric, PA
May – June 2017	Provost's Teaching Academy

Center for the Advancement of Teaching, Temple University

- February 2017 Athletic Training Educators' Conference
Dallas, Texas
- January 2017 American Kinesiology Association Leadership Workshop
Dallas, TX
- January 2017 Eastern Athletic Trainers' Association Annual Meeting
Philadelphia, PA
- November 2016 Online Teaching Institute
The Learning Center, Temple University
- June 2016 National Athletic Trainers' Association Annual Meeting
Baltimore, MD
- June 2016 Pennsylvania Athletic Trainers' Society Annual Meeting
Harrisburg, PA
- January 2016 Eastern Athletic Trainers' Association Annual Meeting
Boston, MA
- October 2015 Commission on Accreditation of Athletic Training Education Conference
Tampa, FL
- 2014-2015 Assessment @ the Start Brown Bag Workshops
The Learning Center, Temple University
- February 2015 Athletic Training Educators' Conference
Dallas, Texas
- January 2015 Eastern Athletic Trainers' Association Annual Meeting
Philadelphia, PA
- November 2014 Rothman Institute Female Athlete Symposium
Philadelphia, PA
- June 2014 Pennsylvania Athletic Trainers' Society Annual Meeting
Gettysburg, PA
- February 2014 Book Group: Teaching International Students
The Learning Center, Temple University
- February 2014 From Case Studies to Clinical Experience: Actively Engaging Students
The Learning Center, Temple University

January 2014	Hawaii International Conference on Education Waikiki, HI
June 2013	National Athletic Trainers' Associate Annual Meeting and Symposium Las Vegas, NV
April 2013	Virtual Teaching Program The Learning Center, Temple University
January 2013	Athletic Training Educators' Conference Dallas, Texas
January 2012	Eastern Athletic Trainers' Association Annual Symposium Boston, Massachusetts
May 2011	Eagles Sports Medicine Symposium Philadelphia, Pennsylvania
January 2011	McGraw Hill Anatomy and Physiology Technology Workshop Villanova, Pennsylvania
January 2011	Eastern Athletic Trainers' Association Annual Symposium Philadelphia, Pennsylvania
September 2010	Beyond Multiple Guess Exams: Making Multiple Choice Exams Fair, Meaningful, and Valid The Learning Center, Temple University
November 2009	Connect with Your Colleagues Technology Workshop McGraw Hill, New York, New York
June 2008	National Athletic Trainers' Association Annual Meeting and Symposium St. Louis, Missouri
June 2006	National Athletic Trainers' Association Annual Meeting and Symposium Atlanta, Georgia
January 2006	Lower Extremity in Sports Workshop Fairborn, Ohio
March 2005	Mid-America Athletic Trainers' Association Spring Symposium Wichita, Kansas
March 2004	Mid-America Athletic Trainers' Association Spring Symposium Omaha, Nebraska

March 2003 Mid-America Athletic Trainers' Association Spring Symposium
Sioux Falls, South Dakota

Service

2020 – present Peer Reviewer/Site Visitor
Commission on Accreditation of Athletic Training Education

2019 – present Member, Teaming Up for Trauma Informed Care Committee
Subcommittee member – Trauma Informed Care Discussion Group for Students

2018 – present Member, Community Engaged Research and Practice Steering Committee &
Subcommittee: Service Learning

2015 – present Approved Provider, Board of Certification

2013 – present Coordinator for Emergency Care and Safety Institute at Temple University

2021 Volunteer – Vaccine Administration
Temple CPH Vaccine Clinics

2021 Poster Judge
College of Public Health Research Day

2020 – 2021 Team Reader, Site Visit Team
Commission on Accreditation of Athletic Training Education

2020 – 2021 Planning Committee for Pennsylvania Athletic Trainers' Society Continuing
Education Event "Interprofessional Practice and Concussion Recovery"

2020 – 2021 Chairperson, Collegial Assembly

2018 – 2020 Chair, Education Committee Pennsylvania Athletic Trainers' Society

2020 Planner for Trauma Seminar Series Event: Reflection in Trauma Informed
Practice

2020 Host, Diamond Classrooms Week; Center for the Advancement of Teaching

2020 Non-Tenure Track Search Committee Chair, Clinical Education Coordinator
Department of Health and Rehabilitation Sciences

2018 – 2020	Elected Committee Member, Dean’s Executive Committee, Collegial Assembly
2015 – 2020	Fieldwork Taskforce, College of Public Health, Temple University
2016 – 2020	Chair, Department of Kinesiology; Departmental Alumni and Awards Committee, Temple University
2018	Center for Advancement of Teaching Canvas Faculty Partner
2017 – 2018	Planning Committee, Pennsylvania Athletic Trainers’ Society 2018 Student Symposium
2014 – 2016	Abstract Reviewer, Eastern Athletic Trainers’ Association
2014 – 2016	Pennsylvania Athletic Trainers’ Society Corporate Sponsorship Committee Member
2014 – 2016	Somatic Group Chair, Department of Kinesiology, Temple University
2014 – 2015	Abstract Reviewer, College of Public Health Research Day, Temple University
2013 - 2015	Non-Tenure Track Search Committee Member, Department of Kinesiology
2013 – 2016	Personnel Committee, Department of Kinesiology
2014 - 2016	Temple University Upward Bound Science Symposium Judge
2014	Career Day at Philadelphia High School for Girls
2012 – 2014	Temple University National Girl and Women in Sports Day Committee Member
2012 - 2013	Athletic Training Education Leadership Counsel Mentor
2008 - 2010	Temple University College of Health Professions Research Day Committee; Department of Kinesiology Graduate Student Representative
2010	Temple University Athletic Training Graduate Student Representative for Middle States Luncheon
2009	Temple University College of Health Professions Student Focus Group Department of Kinesiology Graduate Student Representative

Memberships and Certifications

2014 – present Healthcare Provider CPR & AED Certified

	Emergency Care and Safety Institute
2014- present	National Provider Identifier (NPI) 1316363328
2013 - present	Certified CPR/AED Instructor Emergency Care and Safety Institute
2012 - present	Commonwealth of Pennsylvania Licensed Athletic Trainer License # RTO000151
2005 - present	BOC Certified Athletic Trainer Certification # 060502032
2004 - present	National Athletic Trainers' Association Member #999969
2002 - 2014	American Red Cross CPR/AED for the Professional Rescuer Certified
2005 - 2007	Ohio State Licensed Athletic Trainer License # 002553
2005 - 2006	Great Lakes Athletic Trainers' Association Student Member
2005	Mid-America Athletic Trainers' Association Student Member

Awards

2021	Month of the Scholar Gratitude Acknowledgement Temple University Panhellenic Council
2019	Graduate Research Poster Finalist Eastern Athletic Trainers' Association Annual Meeting Kulpa T, Tierney RT, Russ AC & Mansell JL. The effects of aerobic exercise on post-concussion symptoms in patients with persistent symptoms: A critically appraised topic.
2019	Graduate Research Poster Finalist Eastern Athletic Trainers' Association Annual Meeting Thomson RP, Carabello DM, Russ AC , Mansell JM Depression Following Concussion in Retired Professional Football Players
2018	2017 Athletic Training Education Journal Outstanding Original Research Manuscript "Sexual Harassment Training and Reporting in Athletic Training Students" Mansell, Moffit, Russ & Thorpe

- 2018 Meritorious Poster Award #1: Siena Childs (Kinesiology). Advisor: Drs. Jamie Mansell and Anne Russ at the 2018 College of Public Health Research Day
- 2018 Critically Appraised Topic Award for student poster presentation at the Pennsylvania Athletic Trainers' Society, Incorporated Annual Meeting
- 2017 Critically Appraised Topic Award for student poster presentation at the Pennsylvania Athletic Trainers' Society, Incorporated Annual Meeting
- 2012 TUGSA Graduate Assistant Service Award Recipient

Honors

- 2017 Selected for Provost's Teaching Academy
- 2017 Awarded a Teaching with Technology Fellow from Temple University's Instructional Support Center
- 2015 Awarded a Teaching with Technology Fellow from Temple University's Instructional Support Center
- 2012 TUGSA Graduate Assistant Service Award Recipient
- 2010 Hilsendager Scholarship Recipient, Temple University
- 2003 - 2005 Creighton University Dean's List
- 2004 First recipient of the Frank J. Iwerson M.D. Student Athlete Scholarship for work in athletic training
- 2001 - 2005 Creighton University Academic Scholarship

Creative Works

- 2019 Let's Chat: Conversations about Diversity in Athletic Training
Video Project: Interviews with athletic trainers about
Culture, Diversity, Perseverance, & Relationships